

SLOW COOKER COOKING TIMES



MEAT	WEIGHT	COOKED ON LOW	COOKED ON HIGH
WHOLE CHICKEN	6 LB.	7 1/2 HRS.	6 1/2 HRS.
CHICKEN BREASTS/ THIGHS	3 LB.	4-5 HRS.	2-3 HRS.
BEEF ROAST	3-4 LB.	8 HRS.	6 HRS.
STEW MEAT	3 LB.	6 HRS.	4 3/4 HRS.
PORK ROAST	6-7 LB.	9 1/2 HRS.	7 1/2 HRS.
PORK LOIN	3-4 LB.	6 HRS.	5 HRS.
FISH	2 LB.	3 1/2 HRS.	1 1/2 HRS.
LAMB ROAST	2.5 LB.	7-8 HRS.	3 1/2 - 4 HRS.

SOURCES: CROCK-POT.COM | BBCGOODFOOD.COM

